

NOVEMBER 2018



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST				CINNAMON FLAKES CEREAL JUICE FRUIT BOWL MILK 	1 BREAKFAST SANDWICH JUICE FRUIT BOWL MILK
LUNCH				BEEF MEATBALLS WITH GRAVY LOADED MASHED POTATOES WHOLE WHEAT ROLL CORN FRESH APPLE SLICES MILK	2 BEAN AND CHEESE BOWL TOSTITOS SCOOPS SALAD WITH RANCH DRESSING BANANA MILK
SNACK				STRAWBERRY YOGURT CHEX MIX MILK	FRESH PEAR MILK
				DAY 5	DAY 6
BREAKFAST	5 CINNAMON TOAST CRUNCH CEREAL JUICE FRUIT BOWL MILK	6 TURKEY PANCAKE ON A STICK JUICE FRUIT BOWL MILK 	7 YOGURT CINNAMON GRIPZ JUICE FRUIT BOWL MILK	8 BLUEBERRY MUFFIN JUICE FRUIT BOWL MILK 	9 CINNAMON CRUNCHMANIA JUICE FRUIT BOWL MILK
LUNCH	BEEF TACOS SALSA SHREDDED LETTUCE REFRIED BEANS FRESH APPLE SLICES MILK 	MINI CHEESEBURGERS POTATO SMILES CARROT STICKS DICED PEACHES MILK 	TERIYAKI SLAM DUNKERS WHOLE WHEAT ROLL BROCCOLI FLORETS FRESH PEAR MILK 	MINI CORN DOGS CHEESY POTATOES CORN CELERY STICKS BANANA MILK 	PEPPERONI PIZZA CARROT STICKS SALAD WITH ITALIAN DRESSING SOUR CHERRY FREEZE MILK
SNACK	YOGURT MILK	WHOLE GRAIN GRAHAM CRACKERS MILK	FROSTED MINI WHEATS CEREAL MILK	FRESH APPLE MILK	BANANA MILK
	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
BREAKFAST	12 Happy Veteran's Day 	13 FRENCH TOAST STICKS JUICE FRUIT BOWL MILK 	14 MINI CINNAMON BAGELS JUICE FRUIT BOWL MILK 	15 CHICKEN SAUSAGE GRIDDLE JUICE FRUIT BOWL MILK 	16 YOGURT CINNAMON GRIPZ JUICE FRUIT BOWL MILK
LUNCH	Thank you for your service!	CHICKEN TAQUITOS SALSA REFRIED BEANS FRESH APPLE SLICES MILK	RAVIOLI CELERY STICKS BANANA MILK	HOLIDAY MEAL SLICED TURKEY WITH GRAVY MASHED POTATOES WHOLE WHEAT ROLL GREEN BEANS MIXED FRUIT PUMPKIN PIE MILK	CHEESE PIZZA SLIDERS BROCCOLI DICED PEARS MILK
SNACK	Thank you for your service!	FRESH PEAR MILK	GIANT VANILLA GOLDFISH ORANGE JUICE (6 fl oz)	BAKED CHEETOS MILK	HONEY GRAHAMS MILK
		DAY 6	DAY 1	DAY 2	DAY 3
BREAKFAST	19 CHICKEN SAUSAGE BAGEL JUICE FRUIT BOWL MILK 	20 BLUEBERRY MUFFIN JUICE FRUIT BOWL MILK 	Happy Thanksgiving 		
LUNCH	MANDARIN ORANGE CHICKEN ASIAN BROWN RICE BROCCOLI FLORETS MIXED FRUIT MILK	BEEF MEATBALLS MARINARA SAUCE WHOLE WHEAT ROLL SALAD WITH ITALIAN DRESSING ORANGE WEDGES MILK 			
SNACK	TEDDY GRAHAMS MILK	FRESH APPLE MILK			
	DAY 4	DAY 5			
BREAKFAST	26 CINNAMON CHEX CEREAL JUICE FRUIT BOWL MILK 	27 PANCAKE ON A STICK JUICE FRUIT BOWL MILK 	28 CINNAMON FLAKES CEREAL JUICE FRUIT BOWL MILK 	29 FRENCH TOAST CRUNCHMANIA JUICE FRUIT BOWL MILK	30 CINNAMON GLAZED FRENCH TOAST JUICE FRUIT BOWL MILK
LUNCH	BEAN AND CHEESE BURRITO SALSA BROCCOLI FLORETS ORANGE WEDGES MILK 	MINI CHICKEN TACOS REFRIED BEANS SALSA APPLE SLICES MILK	HAMBURGER POTATO SMILES DICED PEACH CUP MILK 	MOZZARELLA CRUNCHERS CARROTINIES CELERY STICKS PEAR CUP MILK	CHEESE PIZZA MIXED VEGETABLES CARROT COINS BANANA MILK
SNACK	FRESH PEAR MILK	CHEESE AND WHOLE GRAIN CRACKERS MILK	NAT'R VALLEY CRISPS (CINNAMON) BERRY-LEMON SWIRL JUICE CUP	WHITE CHEDDAR CHEETOS MILK	CHOCOLATE FROSTED MINI WHEATS MILK
	DAY 6	DAY 1	DAY 2	DAY 3	DAY 4

MENUS ARE SUBJECT TO CHANGE

A choice of 1% White, Non-Fat White, Non-Fat Chocolate, Non-Fat Strawberry, and Non-Fat Vanilla milk is offered daily.

BREAKFAST

Breakfast is currently free of charge to students due to participation in Special Assistance Programs and Breakfast in the Classroom.

100% Apple or Orange Juice is offered daily for breakfast.

Pork will be served on the following menu items:

11/9/2018 Lunch

Pepperoni Pizza

*Salad Bar is offered at Middle Schools on selected days. All five food components are offered: Fruit, Vegetables, Grains, Meat/Meat Alternate, and Fluid Milk. Please check with your Café on the specific days.

LUNCH

Students, Paid
Students, Reduced*
Adults

DAILY

\$2.30
\$0.40
Full: \$3.45

WEEKLY

\$11.50
\$ 2.00
Mini: \$ 2.70

BI-WEEKLY

\$23.00
\$ 4.00

MONTHLY (4 WEEKS)

\$46.00
\$ 8.00

*Some students qualify for free or reduced meals under the U.S.D.A. guidelines.

You may complete an online application or pay for meals at <https://family.titank12.com/6TR85Q>

Advance weekly or monthly payments are encouraged during breakfast to speed up lunch lines.

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